

The Evolution and Implementation of a science-based Stormwater Management Program to Facilitate Asset Protection and Stream Restoration

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Sanitation District No. 1 of NKY

2023


INDIANAPOLIS
FIVE CITIES PLUS

Outline

- Background
- Monitoring
- Approach
- Pilot Results
- Success Stories
- Next Steps

Why do we manage storm water runoff ?

• Historically—

- Flood Control
- Narrative
- Presumptive Approach
- “Design Storms”

• No Consideration

- Water Quality
- Channel Protection
- Stream Integrity
 - Ecological
 - Hydrological
 - Geomorphological

*****Storm water runoff often considered one of the most serious threats to the integrity of our rivers and streams!**



Why?

- Impacts of flow alteration well established

- Changes to flow regime (Poff et al, 1997) (>7700 citations)
- Urban Stream Syndrome (Walsh et al, 2005) (>3000 citations)
- Stream Function Pyramid (Harman et al, 2012)
- (~ 100 citations as EPA guidance)

Biological

Physicochemical

Geomorphology

Hydraulics

Hydrology

Storm Water Controls

Restoring Stream Integrity

Biological

Physicochemical

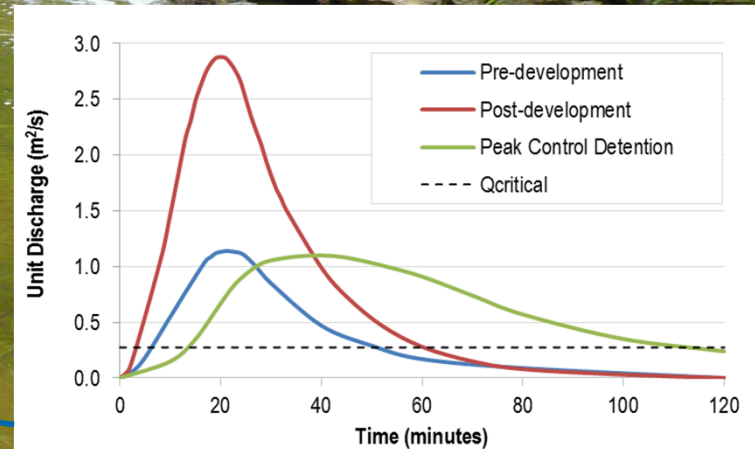
Geomorphology

Hydraulics

Hydrology

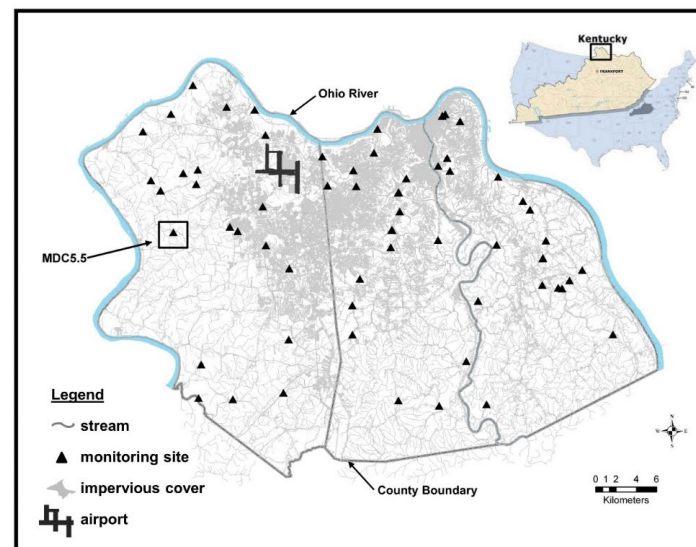
Storm Water Controls

Stream Function Pyramid (Harman et al, 2012)

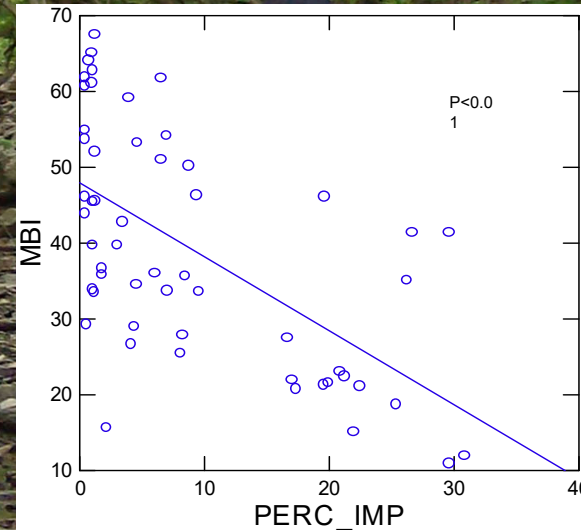
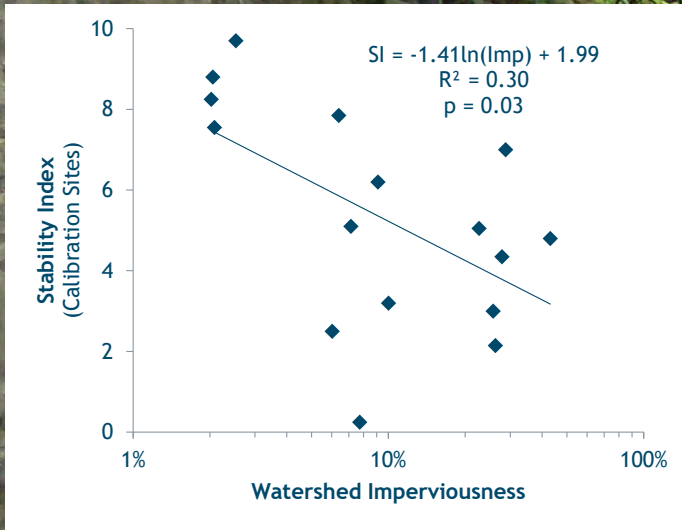


Stream Assessment Program

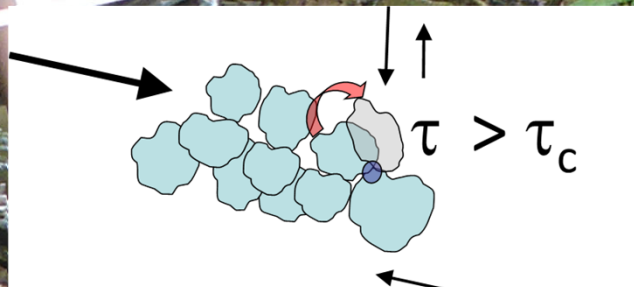
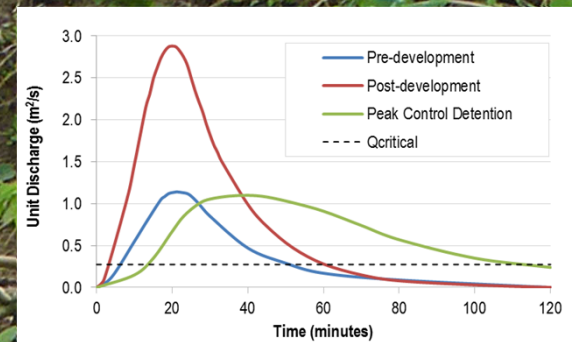
- ~75 sites:
 - Water Quality
 - Biology
 - Physical Habitat
 - Stream Stability (Hydromod)



Baselines....



Establish Thresholds



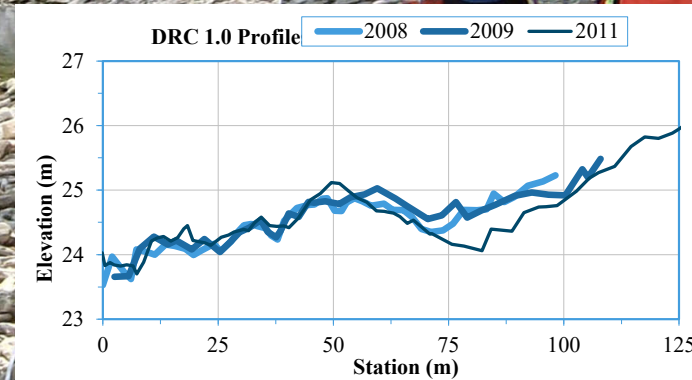
Critical Flow Concept or Qcritical

*Analysis of the 2-yr, 2-hr storm from Fort Collins, CO by Bledsoe (2002),
Journal of Water Resources Planning and Management*

2-0-2-3

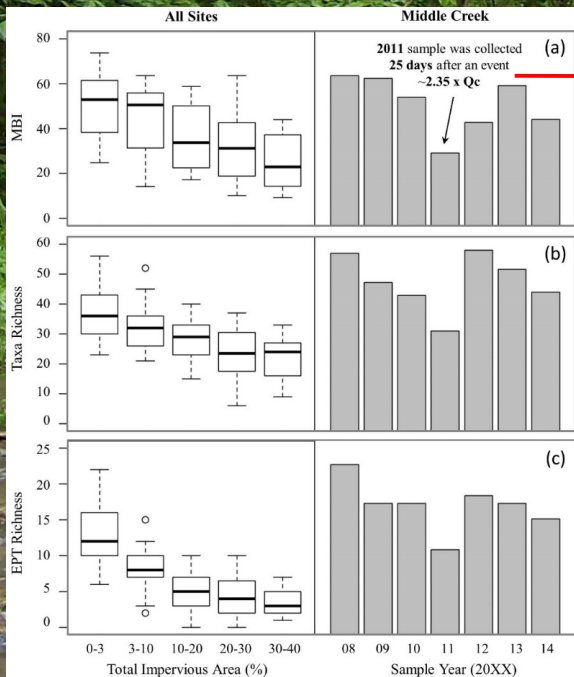
Establish Relevance

Shorter Riffles
Deeper and Longer
Pools

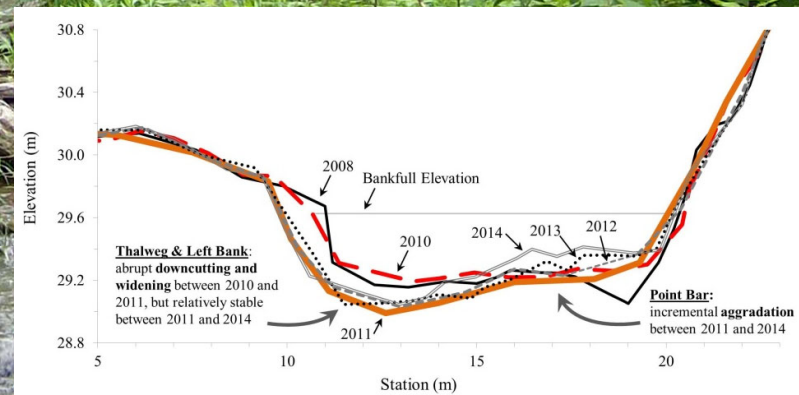


Hawley et al., *Geomorphology*, July 2013

Biological Relevance of $Q_{critical}$



-Impacts in index scores, EPT and overall richness



Adapted from Hawley et al. (Accepted, Freshwater Science)

Case Study!

Hydrologic Restoration Example

Detention Basin Retrofit



Study Area



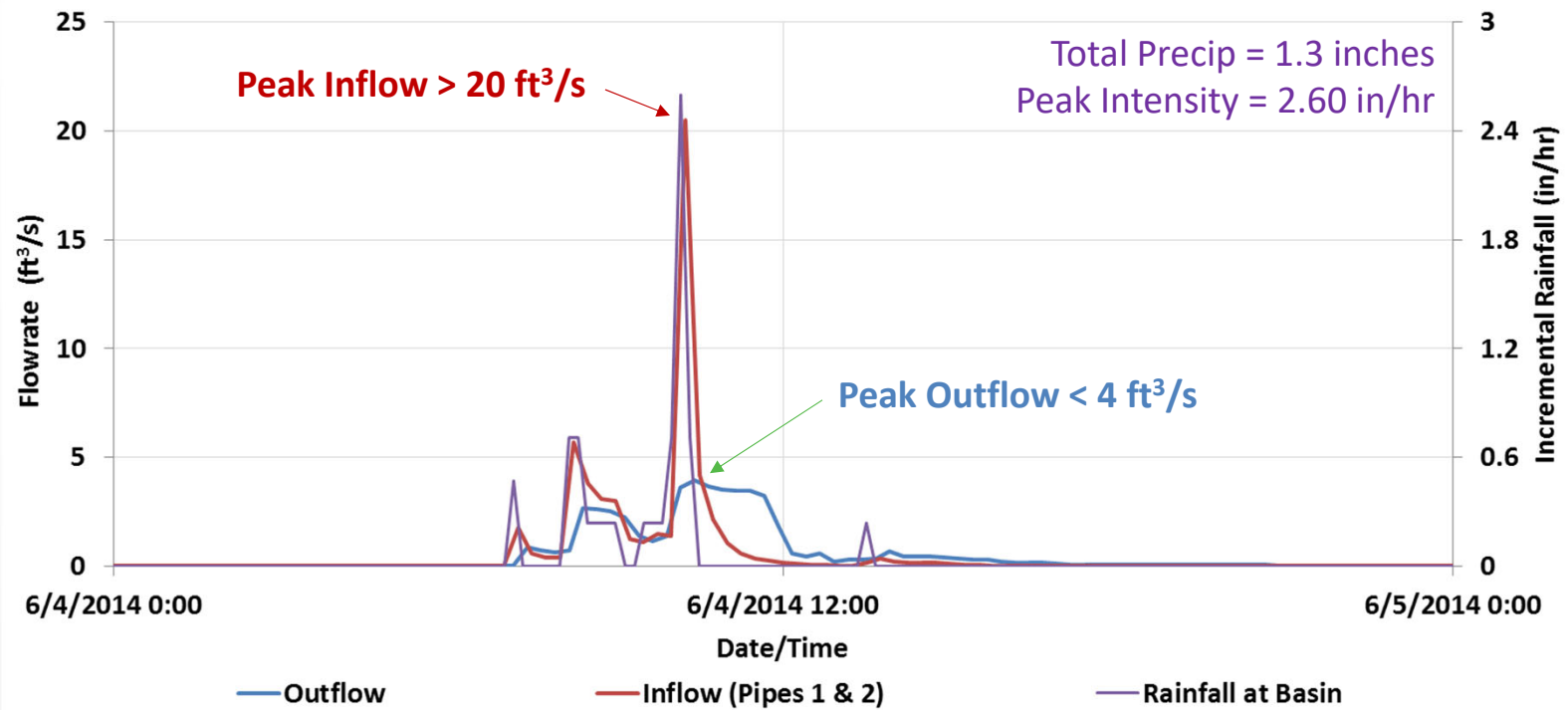
Detention Basin Retrofit

Simple change to the outlet control structure

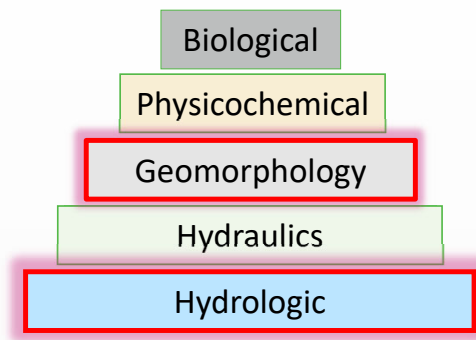
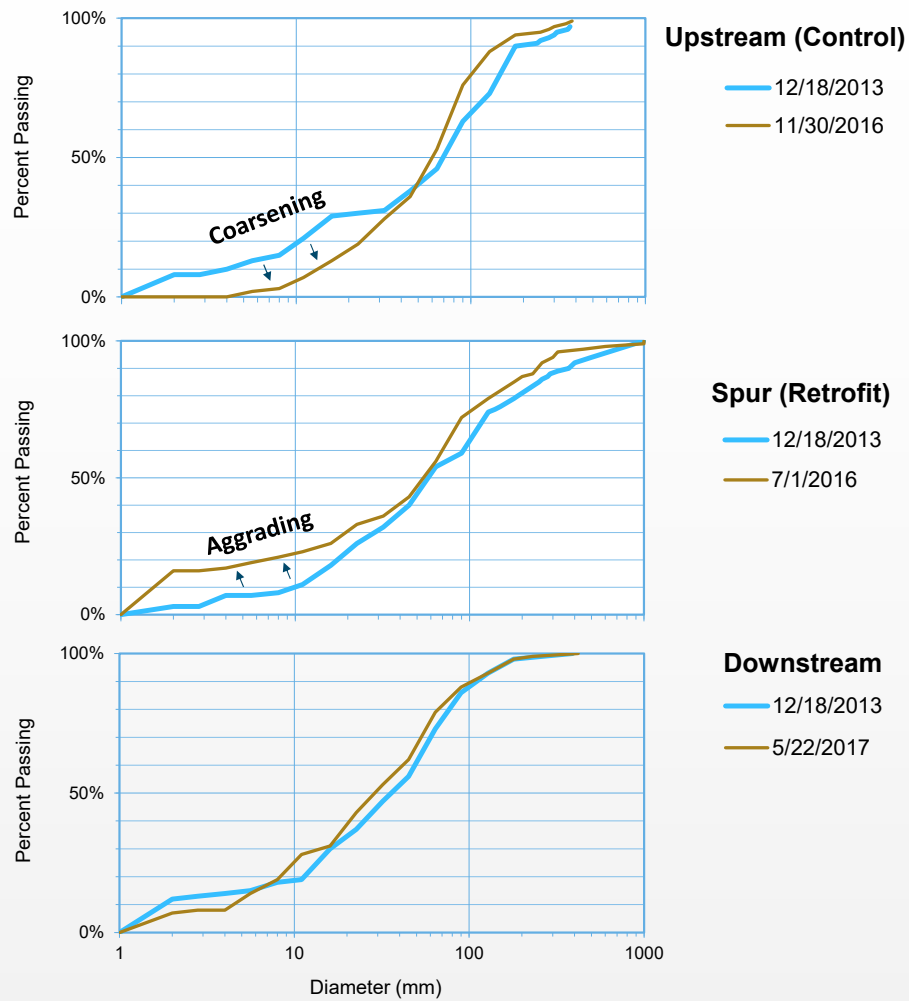


Detention Basin Retrofit

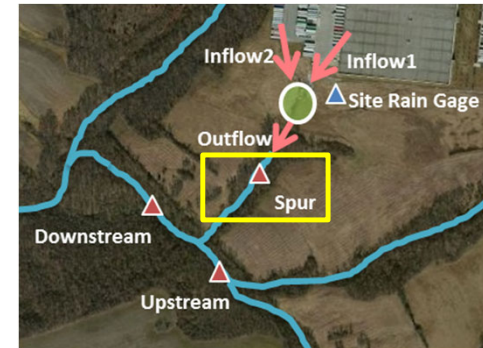
Post-installation Monitoring



Restricted High Flows Reduces Streambed Erosion



→ Improved Bank Stability & Habitat in Spur

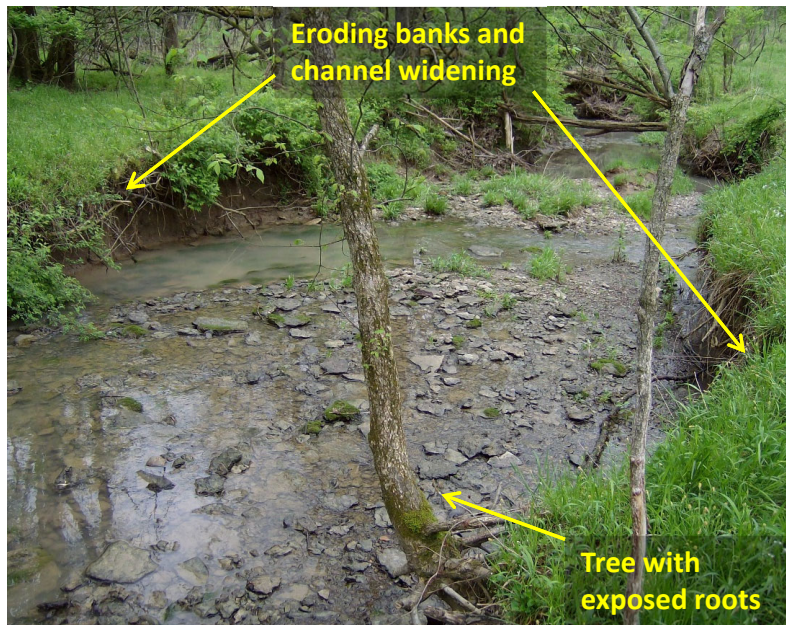
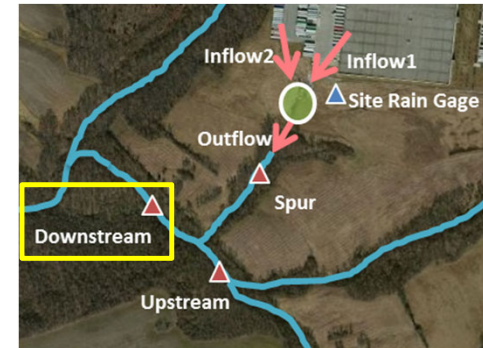


8/26/13 Looking upstream



7/8/19 Looking upstream

→ Improved Bank Stability & Habitat Downstream

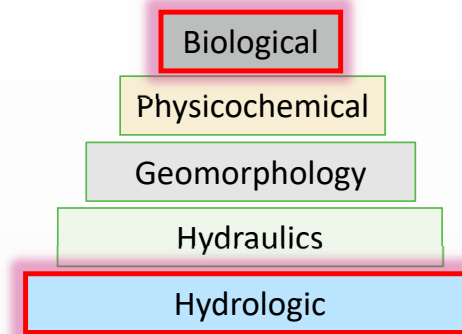


4/29/13 Looking downstream



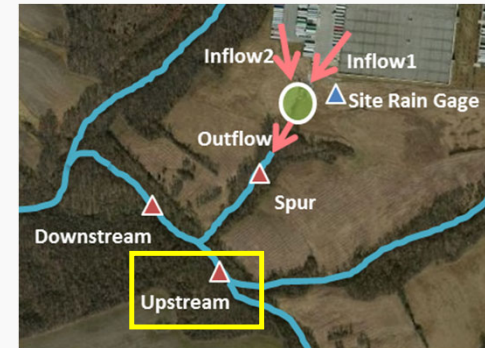
7/8/19 Looking downstream

Restoration of Baseflows Supports Ecological “Lift”



~Dozen native minnows in 1st pool immediately downstream of the outfall on 9/16/16 (2 circled). Flow was evident coming out of the basin despite the dry/hot week

→ Worsening Stability & Habitat Upstream (Control Site)

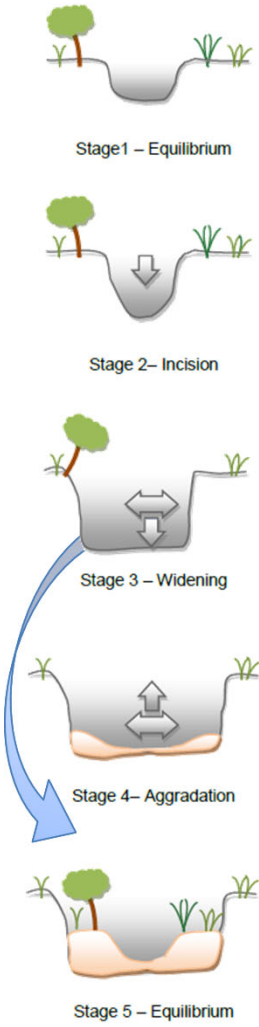


8/26/13 Looking downstream



7/8/19 Looking downstream

Habitat Recovery



Channel Evolution Sequence in Response to Increased Flows from Urbanization, Adapted from Schumm et al. (1984) and Hawley et al. (2012)



4/15/13
11/5/19



RBP 113 (Poor)
RBP 143 (Avg)



Spur Site



RBP 109 (Poor)
RBP 146 (Avg)

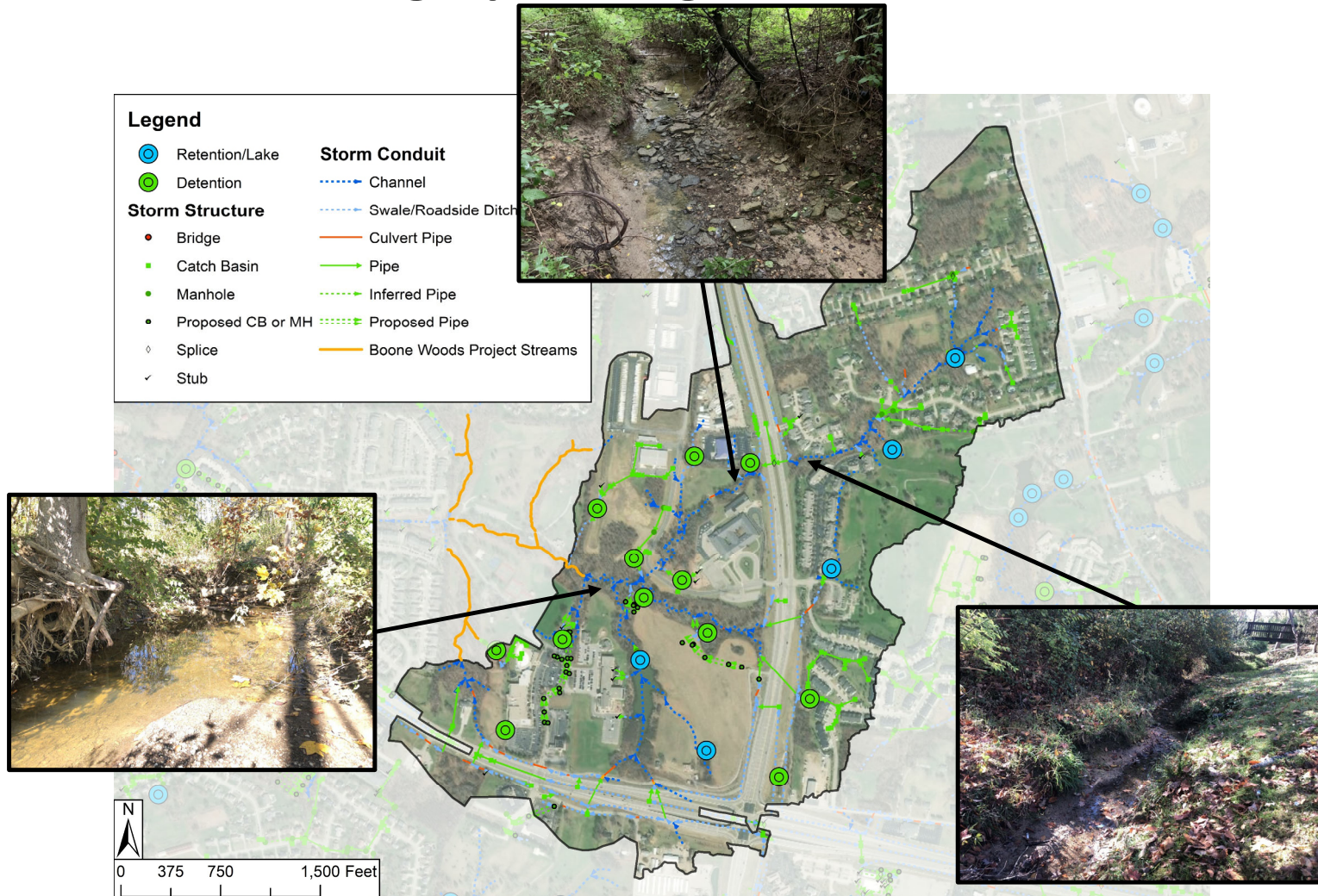



4/29/13
11/5/19



Downstream Site

Scaling Up to Larger Watersheds



An aerial photograph of a river flowing through a dense forest. The river is characterized by a large, light-colored, rocky riffle area in the center, which appears to be a restoration project. The surrounding forest is lush and green, with some bare trees visible. The river flows from the top left towards the bottom right, with the riffle area occupying the central portion of the channel.

Case Study: Riffle Restoration and asset protection





Habitat Recovery



January 2018

7/13/2018



RBP 87 (Poor); MBI 53.41 Fair



November 2019

9/25/2019



RBP 104 (Poor); MBI - 57.66 Fair



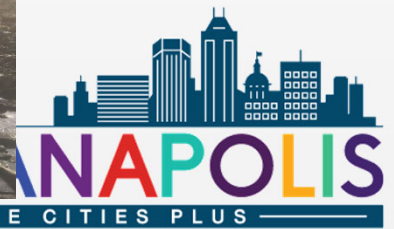
November 2018



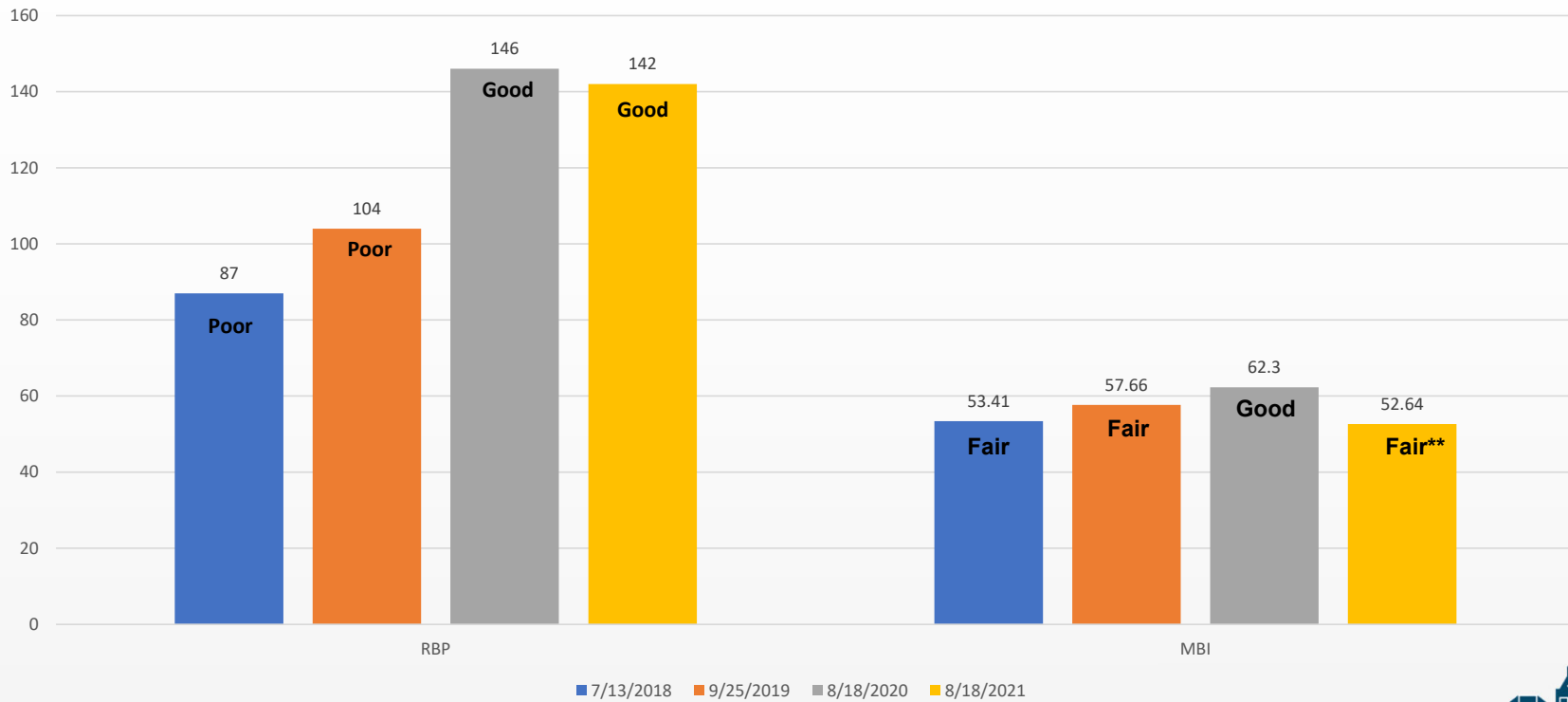
November 2020

8/18/2020

RBP 146 (Good); MBI 62.3 Good



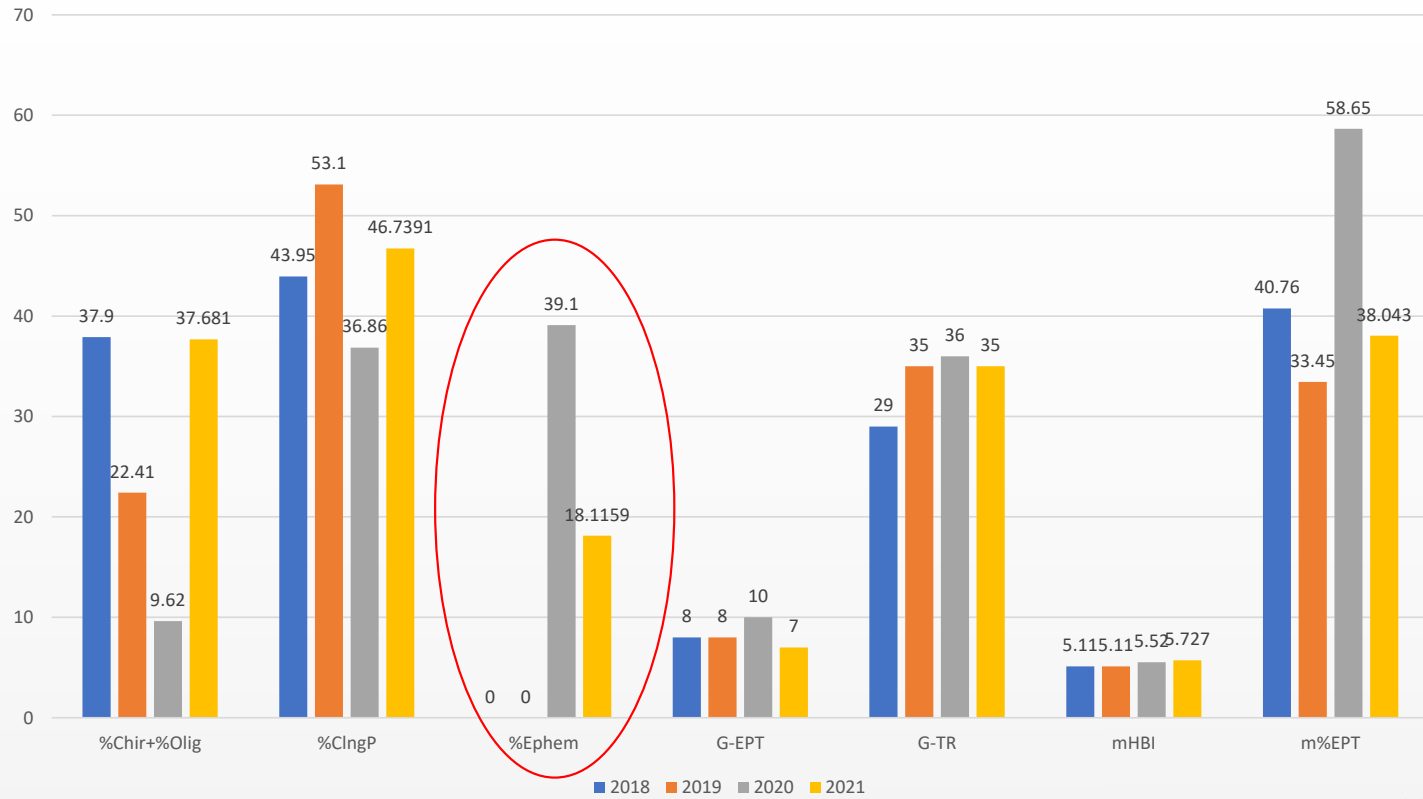
Habitat (RBP) and Biologic Index Scores and Ratings



**Sample was collected in close proximity to rain event



Biologic (MBI) Metrics Scores Over Time



**SD1-Northern Kentucky Stream and Wetland Umbrella
Mitigation Bank**

Dry Creek Stream Restoration Project

**Service Area 6
Kenton County, KY**



Sanitation District No. 1 of Northern Kentucky
US Army Corps of Engineers, Louisville District
US Army Corps of Engineers ID: LRL-2020-325

June 2021

Success Story #1

- US Army Corps invitation to proceed
 - One of first Urban Stream in KY
- Founded in Hydrologic Restoration
 - Stormwater management
 - Calibrated restoration approach
 - Demonstrated Ecological Lift
 - Restore stream integrity

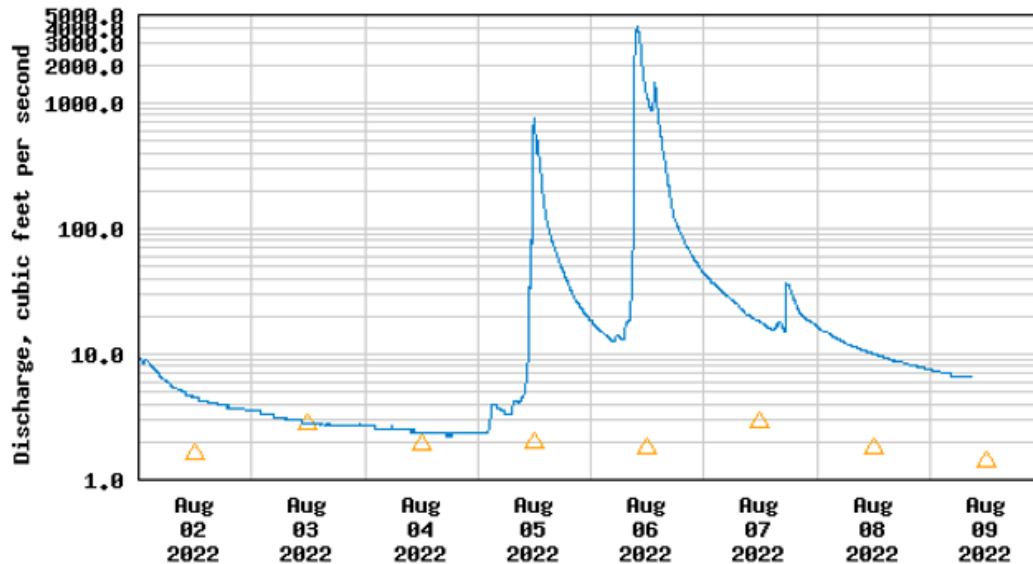


Urban Stream Challenges

Discharge, cubic feet per second

Most recent instantaneous value: 6.69 08-09-2022 08:40 EDT

USGS 03260050 DRY CREEK AT SEWAGE PLANT NEAR ERLANGER, KY



----- Provisional Data Subject to Revision -----

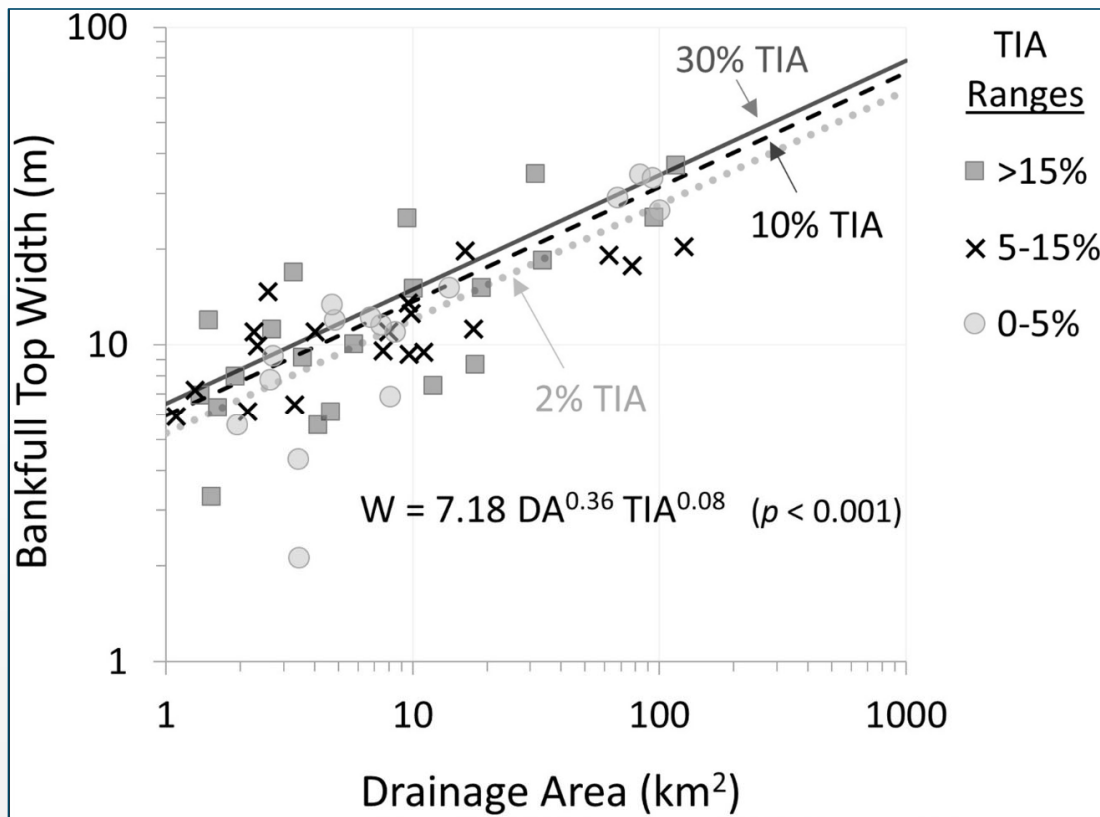
△ Median daily statistic (14 years) — Discharge

USGS regional equation 2y: ~1,700 cfs

Site specific equation 2y: ~3,350 cfs
(12 year data record)



Erosion Rates



- 48 sites in analysis
- Urban sites ~25% wider

Adapted from Hawley et al. (2020)







Success Story #2: Gunpowder Creek TMDL Alternative

Gunpowder Creek Watershed Plan Supplement: Implementation Plan to Address Primary Contact Recreation (PCR) Impairments
February 12, 2018

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- Boone County Conservation District and SD1 developed a Primary Contract Recreation (PCR) Supplement
- Submitted the Watershed Plan and PCR Supplement to Kentucky Division of Water and EPA Region 4 - Oct 2017
- Kentucky Division of Water approval and EPA R4 acceptance of the plans as a TMDL Alternative - Feb 2018
- TMDL Alternative covers both PCR and Aquatic Life 303(d) listed segments

Success Story #3



NONPOINT SOURCE SUCCESS STORY

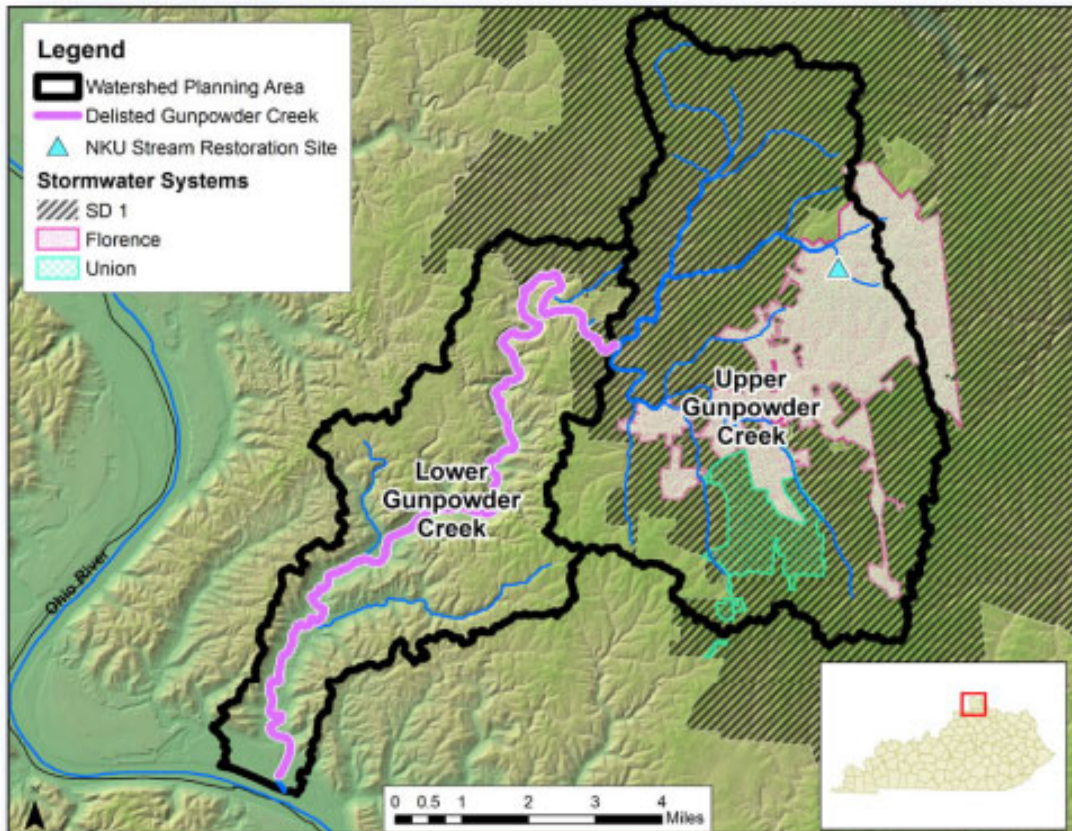
Kentucky

Watershed Planning and Partnerships Lead to Gunpowder Creek Delisting

Waterbody Improved

The Kentucky Division of Water (DOW) added a 15-mile segment of Gunpowder Creek (miles 0.0–15.0) to the 2002 Clean Water Act (CWA) section 303(d) list/Integrated Report as impaired (nonsupport) for warm water aquatic habitat (WAH) due to siltation and land development. After years of local improvements to stormwater controls, agricultural conservation practices, watershed planning, and stream restoration efforts, macroinvertebrate community data collected in 2014 indicated the segment fully supports its WAH designated use. As a result, DOW delisted the sedimentation/siltation impairment for this Gunpowder Creek segment in the 2018/2020 Integrated Report to Congress.





- Comprehensive Planning
- Restoration
- Retrofits
- Wetland Construction
- Land Preservation
- Monitoring
- Collaboration

Wrapping up

- Comprehensive Monitoring Program
- Identified Management Targets
- Inform Decision Making
- Updated Rules and Regulations
- Updating Existing Facilities
- Mitigation Banking Expansion
- Stream De-listing

Validation

URBAN STREAMS

Optimizing stormwater management to facilitate urban stream restoration via a science-based approach

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Abstract: Stormwater management affecting an urban stream is most effective when managers design programs tailored to the physical characteristics of the stream and the political and socioeconomic characteristics of the community it serves. Likewise, restoration projects and policy implementation should be designed to address the needs of the local community. This paper documents the development and implementation of a science-based, community-driven approach to stormwater management by a United States regional stormwater utility, Sanitation District No. 1 (SD1) of Northern Kentucky, USA, that manages stormwater in 3 suburban counties in the greater metropolitan area of Cincinnati, Ohio, USA. SD1 began by establishing a hydrogeomorphic and biological monitoring program from 2006 to 2008 to gather the data needed to design a locally calibrated stormwater management program. SD1's monitoring network has facilitated multiple cross-jurisdictional partnerships and provides validation for stormwater management rules and regulations that are tailored to Northern Kentucky. Moreover, the monitoring data has informed the activities of a watershed restoration program that prioritizes cost-effective geomorphic recovery by retrofitting existing stormwater management facilities. Furthermore, diverse stakeholders, such as local land developers, engineers, and members of the regulatory community, have embraced the data-driven approach and are currently collaborating with SD1 to incorporate hydrologic restoration via stormwater management activities into an existing program that generates stream mitigation credits. The sale of these credits, designed to mitigate the loss of stream habitat due to development, could then further fund the expansion of these restoration efforts. SD1's approach could serve as a road map for other regional utilities hoping to tailor stormwater management to their streams and communities and find innovative funding sources for urban stream restoration.

Key words: stormwater management, hydrologic restoration, stream mitigation credits, stormwater utility, watershed-based monitoring, urban watersheds, science-based policies

Urbanization of watersheds reduces the chemical, physical, and biological integrity of receiving streams (Walsh et al. 2005a). Decades of literature describe the degraded characteristics of urban systems as strikingly uniform (Booth et al. 2016). For example, land development changes the natural flow regime of a stream (Poff et al. 1997) leading to stream channel instability (Leopold et al. 2005, Hawley et al. 2020), altered delivery of energy sources (Booth 2005), and degraded biological communities (Walsh et al. 2005a, Hawley et al. 2016). Poor-quality urban streams are so ubiquitous that calls for improved watershed management approaches are now common in both the scientific and regulatory communities (Roy et al. 2008, Walsh et al. 2016). These im-

proved approaches can include stormwater management facilities designed to reduce hydrologic alteration, or more commonly, prescriptive water-quality treatment requirements for stormwater discharges (USEPA 2016).

In some cases, stormwater management strategies are based on narrative and largely qualitative guidelines advising that management should be protective of the receiving stream without providing specific, quantitative definitions or goal thresholds. In Kentucky, general stormwater permits specify qualitative measures that post-construction best management practices (BMPs) should meet. For example, the permits state that the BMPs should be appropriate for the local community and designed to minimize the

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Wooten, M. S., R. J. Hawley, and C. Rust. 2022. Optimizing stormwater management to facilitate urban stream restoration via a science-based approach. *Freshwater Science* 41(3):477-488.

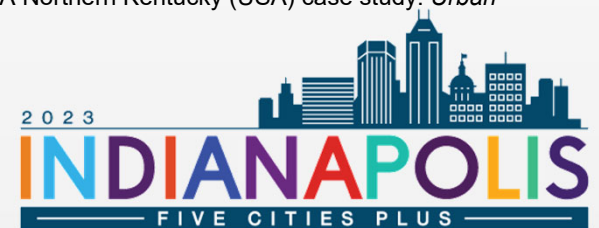
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Thank you!

Discussion?



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Insert Title Here

Comparison One

- Bullet One
 - Sub-Bullet 1
 - Sub-Bullet 2

Comparison Two

- Bullet One
 - Sub-Bullet 1
 - Sub-Bullet 2

